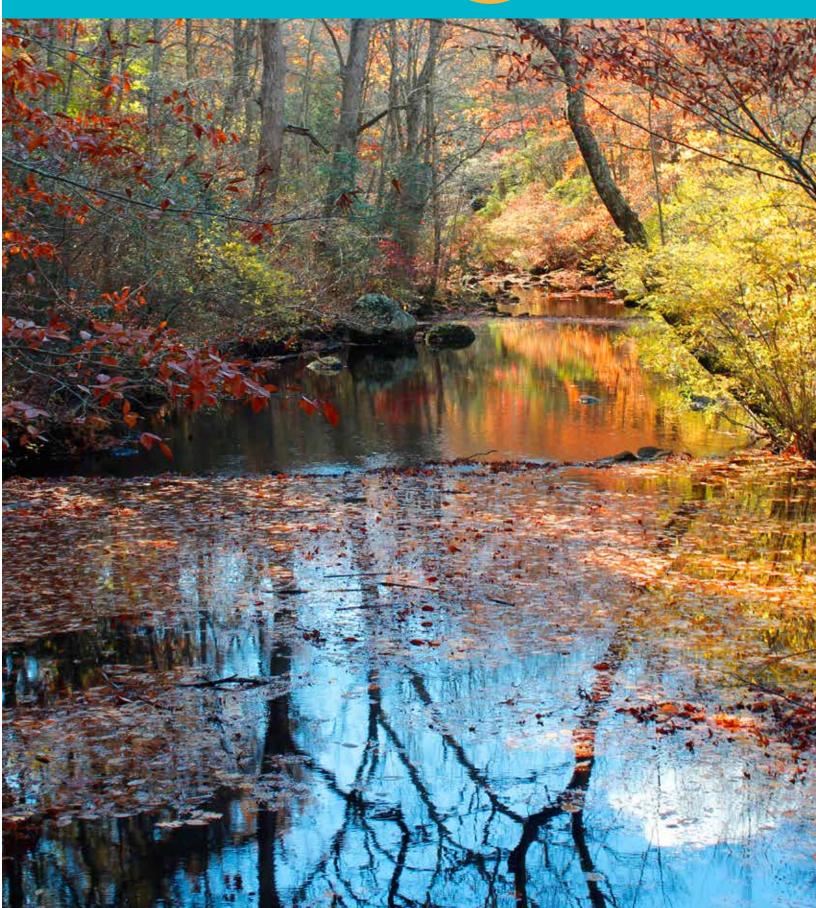
East Haddam





Volume 7 • Quarter 4 • 2014

www.eventsmagazines.com



SMARTER CARE NOW HAS A NEW ADDRESS

Shoreline Medical Center Is Now Open in Westbrook

At twice the size of our previous facility in Essex, our new Shoreline Medical Center in Westbrook offers expanded 24/7 emergency care and outpatient diagnostic services, including a new women's imaging center, a brand new MRI suite, CT, X-Ray, a full service lab and more. Best of all, it's conveniently located right off Exit 65 on I-95. Delivering state-of-the-art care to more of the state—that's *The Smarter Choice for Care*.

> Learn more at middlesexhospital.org/shoreline or call (860) 358-3700

250 Flat Rock Place Westbrook



First Selectman's Corner

First, Fall is my favorite season and one of the main reasons I love living in this part of the country. As I write this article, there is a spectacular fall view from the First Selectman's office. The swing bridge is opening for boats that are traveling back to their home marinas in preparation of winter. The leaves on the trees are reddish orange, yellow and green.

Center for Community Agriculture

In September we conducted a public informational meeting regarding the creation of a Center for Community Agriculture to be located on the municipal section of the former Harris property (that the Town acquired in 2011). The Town was awarded a grant from the State Department of Economic and Community Development (DECD) for this purpose. The meeting had an impressive turnout of over 200 citizens who had the opportunity to learn more about the Center, to ask questions and to voice their opinions and concerns. The focus of citizens' concerns related to a commercial incubator kitchen for the Center. The Selectmen took these concerns very seriously and as a result the incubator kitchen was removed from the project. The change to the scope of the project, must be approved by the DECD. We are optimistic that we will receive their approval. For more information and updates on the project, please go to the following website: www.easthaddam. org/Center-for-Community-Agriculture/ or contact my office via email at admin@easthaddam.org or phone 860-873-5021. At the meeting we also heard strong support for community gardening, green houses and the importance of educational programs promoting organic farming as well as sustainable and ecologically sound agriculture practices. The Center will function as the focal point in preserving our agricultural history and future. **Grange and Town Hall**

Improvements



Mark B. Walter

Thanks to another DECD grant the

Grange and Town Halls have received needed improvements to include fresh coats of paint, stone walls, roofing, period lighting and more. The finishing touch to these improvements is the beautiful new signage. The signage was the Eagle Scout project of Cole McCormack (for more details see the article detailing the project in this Events Magazine). Thank you Cole! **Route 82 Bridge Project**

We are confident that by the time you receive this Events Magazine, the State's Route 82 bridge project will be completed and traffic flowing. Your patience during this long process has been deeply appreciated. Many of our businesses were impacted during this construction project as a result of the detours. I encourage you to shop local and support

continued on page 2





Phyllis Donohue in her new apartment with her cat Francey.

I found it Easy to Move to The Saybrook at Haddam... However, My Cat Francey Found the Move to be Traumatic.

Everyone at The Saybrook at Haddam has helped make Phyllis and her cat Francey's move from their home in Madison to their bright and spacious apartment – a wonderful experience! Francey is becoming more comfortable with his surroundings, while Phyllis is enjoying time in the gardens, meals in the elegant dining room, exercising and social activities.

For independent residents, we offer gracious retirement living at an unmatched value.

For residents who need more assistance with daily living, the staff is ready to meet their needs.

Also featuring Safe Harbor, for residents with Alzheimer's or dementia.



An Assisted Living Retirement Community 1556 Saybrook Road, Haddam, CT 06438 www.thesaybrookathaddam.com

First Selectman's Corner ... continued from page 1

them. The State and their contractor ET&L Corporation did a great job of keeping the project on schedule and top construction quality!

I want to thank everyone for putting up with the explosion of signs during the bridge construction process. The signs were essential to direct traffic flow and to give patrons directions to our local businesses. Please be aware that we will be back enforcing the rules of no signs on town greens or road right of ways. Signs can only be placed on private property with the land owner's approval.

Staffing Changes at the Town Office Building

Carolyn Hart retired after 29 years of service as the Building Department Administrative Assistant. Many realtors, builders and residents have told me countless stories of how helpful and caring Carolyn was to their needs in navigating the





Jim Puska

Caroly Hart

Janet Lombardo

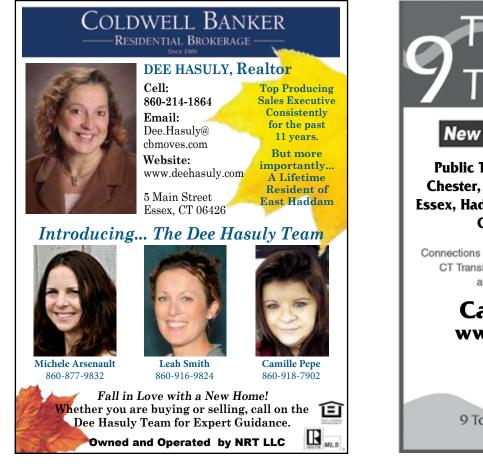
bureaucracy of building regulations and the permitting process. Jim Puska also announced his retirement after 11 years as our Zoning Enforcement Officer. Jim handled many of our zoning disputes with care and expertise. Janet Lombardo, who worked in our Land Use Department for 14 years, accepted a new position in another town closer to her new residence. Jan could always be counted on to assist our residents in their land use needs with true professionalism and always with a smile. They each will be missed and we thank them for their years of dedicated service!

We received hundreds of applications for the administrative assistant positions. We are pleased to announce Kamey Cavanaugh as our Building Department Administrative Assistant and Nancy Talbot as our new Land Use Administrative Assistant. Kamey worked previously for the town of East Hampton,

while Nancy came to us from Deep River and Killingworth. Please join me in welcoming them to East Haddam!

Mark B. Walter, First Selectman

www.eventsmagazines.com







Kamey Cavanaugh

Nancy Talbot



A Note From The Assessor

All persons having taxable personal property to declare such as: unregistered motor vehicles, horses and ponies, farm equipment, or any furniture, fixtures, and equipment used in the operation of a business, must do so by November 1, 2014. Declaration forms are available at the Assessor's Office. They will also be mailed to all businesses and residents who have declared property in the past. Please be aware if you have taxable personal property, and do not declare it, state statutes allow the assessor to add it at an estimated amount, plus a 25% penalty.

The application period for the elderly and disabled homeowners' program begins February 1, 2015 and ends May 15, 2015. Income requirements will be published by the Office of Policy and Management in January 2015.

Any persons who acquired a new motor vehicle after October 1, 2013 will receive a supplemental motor vehicle bill for their new vehicle by January 2015. These bills will be prorated, based on the date of registration, for the 12-month period starting October 2013 and ending September 2014. Vehicles acquired in August or September do not receive supplemental tax bills.

Please call the Assessor's Office at 860-873-5026 if you have any questions.

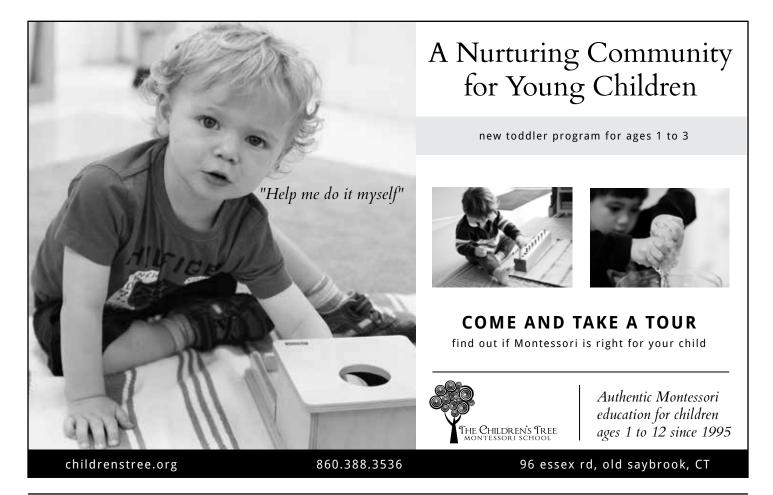
Cappella Cantorum

Bach's MAGNIFICAT and Vivaldi GLORIA Concert

Cappella Cantorum MasterWorks Chorus Concert of Bach's MAGNIFICAT and Vivaldi's GLORIA is Sunday, December 7, 3:00 p.m. at St. Mark Roman Catholic Church 222 McVeagh Road, Westbrook, CT. Tickets online at CappellaCantorum.org or 860-577-2950. The GLORIA, Vivaldi's best known sacred work, is a joyful hymn of praise and worship. The Bach MAGNIFICAT is without a doubt, one of the greatest choral works ever written. Soloists include: soprano-Patricia Schuman and contralto-Heather Petrie. A reception follows the performance.

MESSIAH Singalong or Listen

The Annual Holiday MESSIAH SingAlong or Listen, will be presented Sunday, December 21, at 4:00 p.m. in The Katharine Hepburn Cultural Art Center, 300 Main St. Old Saybrook, CT. Singers Rehearsal is at 3:30 p.m. The Singalong is sponsored by Cappella Cantorum, open to all, featuring professional soloists, conducted by Barry Asch accompanied by Deborah Lyon. Tickets may be purchased at thekate.com, the box office or 877-503-1286.



Statutory Municipal Deadline

January 1- Supplemental Motor Vehicle, second half Real Estate and Personal Property taxes due (Tax Collector's office)

February 1 to May 15 - Filing period for Elderly Homeowners and 100% Disabled Tax Credit.

February 20 - Last day to file assessment appeal application to Board of Assessment Appeals (forms available from Assessor's office)

June 1 - Real Estate and Sewer Usage liens filed (Tax Collector's office)

June 30 - End of fiscal year

Last day to license dog without penalty. (Town Clerk's office).

July 1 - Taxes Due - Motor Vehicle, first half Real Estate & Personal Property (PROVIDING BUDGET WAS PASSED

ON TIME) (Tax Collector's office) September 1 - Aircraft Registrations due (Tax Collector's office)

September (date to be announced) - Board of Assessment Appeals meets (Motor Vehicle only)

September 30 - Last day to file Veteran's Honorable Discharge papers (DD214) or statement of current service to receive tax benefit pursuant to October grand list. (Town Clerk's Office).

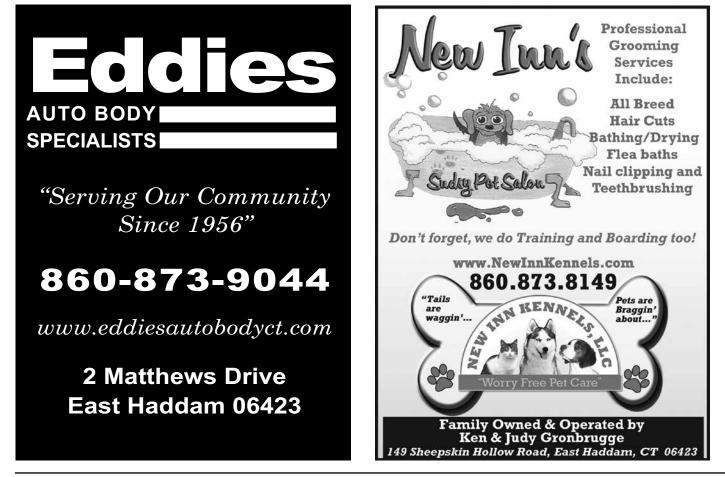
October 1 - Sewer Usage due (Tax Collector's office) October 31 - List of personal property must be filed on or before November 1 to avoid 25% penalty.

Last day to file first time Open Space declaration.

(Assessor's office)

Christmas Tea

First Church of Christ, Congregational will hold our annual Christmas Tea & Children's Fair, Saturday, December 6 from 10:00 a.m. to 2:00 p.m. Santa arrives at 11:00 a.m. for photos with the children. The event features the Penny-wise Gift Shop just for the Children with personal shopping assistants and free gift wrapping. Adults can shop our Christmas White Elephant Sale and purchase cookies by the pound. Mrs. Claus' Kitchen will be serving warm drinks & cookies for all. All proceeds and free will donations benefit the East Haddam Fuel and Food Banks. Save the date and join us December 6th at First Church, 499 Town Street (Route 151) East Haddam, CT.



Tax Collector

Please remember, due on January 1, 2015, is the second installment of Real Estate and Personal Property tax bills that were mailed out in July 2014. A second bill will not be sent on these accounts. If you are a new owner of real estate property and need a copy of your tax bill, please contact the tax office immediately. Motor Vehicle Supplemental bills are also due January 1, 2015. Supplemental bills will be mailed the end of December 2014. The last day to pay these bills will be February 2nd, 2015. Payments may be made in person at the Town Office Building, by mail to: Tax Collector, P. O. Box 376, East Haddam, CT 06423-0376 or on-line at easthaddam.org and click the link "Pay Taxes". There is a fee associated with on-line payments which goes directly to the processing company, Point & Pay, for their service. This fee applies to online and in the office credit/debit card payments. A secure lockbox is located in the front hallway for payments dropped off after normal business hours. Anyone wishing a receipt must include a self-addressed, stamped envelope with their payment.

Tax information is available online at easthaddam.org. Go to Town Departments, Tax Collector and click on the link "Online Tax Information". You will be able to check your current amount due and view past payments.

This office is for the collection of taxes only. Any adjustments to your bill must be made by the Assessor, 860-873-5026 or assessor041@easthaddam.org.

The Tax Collector can be reached at 860-873-5033 or ddill@ easthaddam.org.

Denise Dill, Tax Collector

Request From the Ambulance Association Board



A key goal of the East Haddam Ambulance Association (EHAA) is to have EMTs always available for all calls, no matter what time of day or night, and to be able to respond as quickly as possible. Currently, EHAA's availability and response times more than meet the county requirements. Still, the operations crew never stops trying to improve both coverage and speed of response.

There is a way the public can help. Look at the photographs included with this article. Which one do you think would be most easily seen by an emergency worker trying to locate a house in the middle of the night? Every minute spent searching for the right home is a minute lost in offering the medical assistance needed.

No matter how aesthetically pleasing, some house numbers are not only hard to locate, but difficult to see. Please review the location and visibility of your current numbers and consider replacing them with the new green reflective markers available from the East Haddam Fire Department. To order them, go to http://www.easthaddam.org/Address-Markers/ Follow the directions in filling out the form and sending it in.

Making this change might quite literally save your life.

Moodus Reservoir Preservation Group, Inc. (MRPG)

Invasive Treatment

Moodus Reservoir is home to our town beach and two state boat launches. The lake is being overrun with invasive aquatic plants.

In July, the MRPG members approved an invasive plant treatment plan for the entire reservoir that involves state and federal approved chemicals applied by licensed contractors. It is an eight year plan costing \$120,000 the first year, \$20,000 the third year and \$20,000 annually for the fourth through the eighth year for a total of \$235,000 over six years. A number of invasive plant treatment methods were studied before this was selected as offering the most effective result at a reasonable cost. The treatment will be monitored by the state DEEP. A pilot program of partial treatment may be incorporated and treatment of the entire lake will depend on the availability of funding. We have received several donations, one at \$1,000. The town budget provides \$6,000 in matching funds. Other grants are being applied for from corporations and non profits. MRPG is a 501c3 corporation; thus donations and membership dues are tax deductible by donors.

Annual dues for July 2014 to June 2015 are \$25 per household. Dues and donation checks payable to "MRPG" may be sent to T. Varriale, Treasurer, MRPG, Inc., 76 Falls Bashan Rd, Moodus 06469; indicate on the check memo "dues" or "Weed Management".

To become involved, contact Jeff King, MRPG President at 860-873-1957.

Information inquires may be sent to Moodus.Reservoir@ gmail.com. See us on FaceBook at "Moodus Reservoir".



MAGAZINES



East Haddam Events

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Community Lions

Community Lions invite you to help us "LIGHT-UP" the Holidays Again

Once again we are inviting all Civic minded individuals/ groups to donate a decorated holiday tree, wreath, exhibit or gift for auction. Many of us write a check during the holidays ... let us show our Holiday Spirit and creativity and share it with this community.

All proceeds from this community-wide fund raiser will go to The East Haddam Fuel Bank, Food Bank and Youth & Family Services. Over the last six years of holding this event the East Haddam Community Lions with your help have donated in excess of \$27,000 to these causes. The money raised helped so many, providing heating fuel, food and gifts for the children of families in need, here, in our community ... things that many of us take for granted. We Lit-up their Holidays and warmed our own hearts too.

The donated items will be exhibited in Rathbun Free Memorial Library from November 24 to December 5 and during this time advertising and a catalogue will be distributed. A silent auction will take place (viewers can bid on exhibits anytime) during this time. We will host a Holiday Reception on Friday, December 5th from 7:00 - 9:00 p.m. where final bids will take place. All donations will be acknowledged in the program and again on signage where exhibits are displayed.

Decorated themes may say something about you or your group, but this would be up to your own creativity. For more information www.ehcl.org

If you would like to make a donation or find out more information please contact us ... Christmas is coming!! You can "Light-up the Holidays" with us and make a difference to this community.

Contact Lion Linda Bradshaw at 860-873-8933 or bradshaw751@sbcglobal.net

5K & 10.5 Mile Race

The annual 5K & 10.5 Mile Race will be held on Saturday, April 4, 2015. For more information contact Lion Karan at 860-874-5987 or www.ehcl.org.

If you are interested in becoming a Lion, please check out our website at www.ehcl.org and Like' us on Facebook! or call Membership Chair Karan at 860-874-5987.

Music at the Meetingbouse

First Church of Christ, Congregational in East Haddam

On Sunday, November 23 at 2:00 p.m. the Interfaith Service of Thanksgiving and Music will be held for the third year since it was formed in an attempt to revive the town's long-standing tradition of worshiping together for Thanksgiving. This event invites all local clergy, musicians, and lay people to participate equally, celebrating what we hold in common and honoring local citizens. A reception will follow and donations to the Fuel and Food Banks are collected.

On Saturday, December 6 from 10:00 a.m. to 2:00 p.m. the Christmas Faire/Tea is held, giving all ages the opportunity to shop for gifts, buy cookies and talk to Santa Claus. Soups, pies, coffee and tea are served to live music in the Parish Hall. Proceeds go to Fuel and Food Banks.

On Friday, December 19 at 7:30 p.m. Caroline Doctorow accompanied by two fiddles, a guitar, and a bass, will provide family entertainment and carol-singing with "Folk Songs for the Holidays". The daughter of famed writer E. L. Doctorow, Caroline has earned reputation as a talented songwriter and entertainer. There will be a modest entrance fee but all children are admitted free. A reception will follow to meet the artists.

On Wednesday, December 24 at 7:00 p.m. our annual

Christmas Eve Candlelight Service of Lessons and Carols with all nine lessons and music from the original service hundreds of years ago is held. The Sanctuary, lit by candles and decorated for the holidays, provides a magical place to remember this important night with family and friends.

Concerts will resume in January, 2015. Watch for postings and signs!

Music School

The Board of Music and the Arts of First Church of Christ, Congregational in East Haddam are proud to announce the opening of space to accommodate instructors of music in the vocal arts or instrumental, to be housed downstairs in the new wing. In an effort to support the arts in our community, this space will be offered at very reasonable rates, especially to instructors or coaches from the local area. An added benefit will be the possibility of performing recitals with a reception at the end of a term of study.

For further information or to express interest, please call 860-537-2052 or email lrydermunetma@juno.com.

Linda Ryder-Munet, Chair, Board of Music and the Arts, First Church of Christ, Congregational, 499 Town Street, E. Haddam.

Lions Club Auction

Help the East Haddam Lions Now: Donate your Car, Boat, R/V or Tag Sale Items

The East Haddam Lions Club is an active, local charity. Help us now! We are always accepting your donations of cars, trucks, boats, campers, R/Vs and good condition tag sale items. Call us now to help your local community. Call Lion Joe Busher at (860) 873-2994 or email him at jmbusher@yahoo.com.

Police Toy Drive

Saturday, December 6 9:00 a.m. - 4:00 p.m. Moodus Plaza

Volunteer of the Month

Please join us in congratulating our most recent volunteers of the month: Colby Height, James Ventres, Sr., Virginia Turner and Barbara Ringuette. If you would like to nominate someone, please do so in a letter to the First Selectman.



Call Events Magazines at (860) 767-9087

Leo Club

The East Haddam Leo Club held its third annual Apple Festival on Saturday, September 27. Many families stopped by to join in the activities of games, live music, face painting, and more. The Leos extend a special "thank you" to others who volunteered their time, talents, contributions, and baked goods to make the Apple Festival a fun-filled day for families. Introduced this year was a free drawing for gift baskets. We extend our congratulations to the seven winners who won a basket. We also appreciate the support of everyone who purchased our apple-theme baked goods. Again this year your donations are a major part in the success of this event. All proceeds raised at the bake sale are donated to various local community organizations that help others.

In addition to the Apple Festival, the Leos host many community service and fundraising projects throughout the year, such as the Valentine's Day Bake Sale, collecting thousands of can tabs for the Shriners Children's Hospital, and the Mother's Day Bake Sale. Other proud achievements include working side by side with the Lions Clubs at their Annual Auction, Triathlon, Christmas Tree Sales, Road Race, and collecting funds for the Connecticut Lions Eye Research Foundation on Sight Saver Day.

The East Haddam Leos are a group of 12-18 year olds who want to make a difference in the East Haddam community. This club is sponsored by the East Haddam Lions Club and the East Haddam Community Lions Club. The Leo meetings are held on the 1st Thursday and 3rd Tuesday of each month. For more details, email Leo Advisors Michael Gilory at gilroym@gmail.com or Kathy Bristol at fourbristols@sbcglobal. net. Visit our newly constructed website at ehleos.org. Leos are the pride of East Haddam.





Profile of a Conservation Volunteer



Marilyn Gleeson with her dog Jack.

It was a lucky day for the East Haddam Conservation Commission back in in 2012 when Marilyn Gleeson walked through the door and joined us at the table. The Conservation Commission is charged with taking care of our town-owned open spaces and providing opportunities for our citizens to enjoy them by planning and marking a trail system. It's a big job for a small group of volunteers, so Marilyn was quickly welcomed. She brought with her a love of the out-ofdoors, the skills of a project manager, plenty of energy, and most famously a love of baking. Commission members are only too eager at each meeting to sample her latest cake, pie, or pastry creation, along with the lively discussions our meetings always involve.

Marilyn moved to East Haddam in 2007, and after retiring from her work at Aetna, she was drawn by our town's beautiful wild places and opportunities for hiking. She has made it her mission to travel all our many marked trails, and virtually any day without heavy weather, she can be found exploring with her companion, a parson russell terrier named Jack. Her favorite hiking opportunity is the newly acquired Hatch Lot, with its miles of marked trails and spectacular views of the Connecticut River and Long Island Sound. It was only natural that she would volunteer to work on updating our trail guide and participating in trail marking and improvement projects. And on her daily walks, she has undertaking mapping our trail system with GPS.

Marilyn is an avid reader, drawer, and traveler as well as pastry chef, but the call of the out-of-doors and the work of the Conservation Commission take up much of her free time.

We are so glad that Marilyn Gleeson found us. If you would like to know more about what we do or get involved, please come to our monthly meeting at 7:30 on the first Tuesday of every month or call Sue Merrow at 860-367-1687 for more information.

Senior Center Events

Questions? Call the Senior Center: 860-873-5034.

Medicare Open Enrollment: October 15 - December 4. During this time period, those currently enrolled in Medicare may make changes to plans. Counselors will be available to help you decide which plan best suits your needs. Two days: 9:00 a.m. - 2:00 p.m. Wednesday, November 12 and Wednesday, December 3. Must sign up in advance. Free.

AARP Driver Safety Class: Drivers 60 and older completing the course may qualify for discount on auto insurance. Must sign up in advance. \$15.00 for AARP members; \$20.00 non-members. Thursday, November 20, 12:30 to 4:30 p.m.

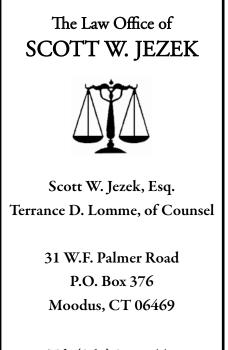
Bake, Craft & White Elephant Sale: Saturday, November 22, 9:00 a.m. - 2:00 p.m. We welcome donations for the Bake Sale and good, usable items for the White Elephant Sale (no large items, computers, appliances). Please bring items to donate to the Center on Thursday, November 20 and Friday, November 21. Tables available for rent (\$10.00) for crafters. Call to reserve table. We will also have a Christmas Tea Cup Auction. If you wish to donate an item for the auction, please drop it off by Friday, November 14. The auction begins Saturday, November 22 and continues until December 8. Drawing will be Monday, December 8. Questions? Call Alice Sabo, Chairwoman, at 860-873-9217 or Susannah at the Center.

Holiday Luncheon: Pot Luck Luncheon, Monday, December 8, 12:00 noon. Call to sign up by Wednesday, December 3. All those 50 and older are welcome. *New Year's Luncheon and Entertainment:* 12:00 noon. Wednesday, December 31. Sign up by Monday, December 29. New England Alliance More England Alliance More a division of Bank of England Peter D. L. Kern VP - Branch Manager NMLS Number 11142 Handling all of your Residential Mortgage Lending Needs. We Lend in 50 States 979 Farmington Avenue, Ste 1F Berlin, CT 06037 Office: 860.828.5374 Fax: 203.413.4399 Cell: 860.966-3290

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MOMS Club

For years the MOMS Club of Moodus has been connecting at-home moms, helping to forge friendships and build a community. Each month, on the second Tuesday, moms get together at the First Church on Route 82 in Moodus to discuss club business and socialize. Then throughout each month, a variety of events are planned and open to any member who is interested. Children are welcome at all Moms Club gatherings with the exception of Moms Night Out. Events include coupon club, scrapbooking, crafts, knitting and crochet, recipe club, book club, playdates, Moms Night Out and outings for families.

The non-profit MOMS Club believes that being a mother shouldn't be an isolating experience, therefore, they meet during the day and schedule frequent Moms Night Out events. The friendships created through the MOMS Club will last a lifetime for both the moms and the children.

As a chapter of International MOMS Club, the MOMS Club of Moodus is open to at-home moms and working moms of children of all ages. Moms are encouraged to continue on with the club even after their children have entered school. The small \$25 a year dues cover expenses for special events as well as donations to local charities and the Mother-to-Mother Fund. The Mother-to-Mother Fund is an official MOMS Club charity that provides financial support to members who suffer financial and natural disasters.

All moms in East Haddam and its encompassing villages of Hadlyme, Lake Howard, Leesville, Little Haddam, Millington, Moodus, North Plain/Hopyard are invited to attend the 9:30 a.m. Moms Club Social held at the First Church meeting room at 499 Town Street, on the second Tuesday each month. Interested individuals can attend a meeting or two before deciding to join. For more information about the Moms Club of Moodus or to sign up as a member email them at momsofmoodus@yahoo.com

Nancy Kowalski Flanders MCM

Chestelm Adult Day Service

Harvest Craft Show

Save the date!!! Saturday, November 8 is our annual CRAFT FAIR. After such a success last year we are hosting another show. From 9:00 a.m. - 3:00 p.m. Bring the family and grand-children to the fun. Come and view our club craft table with a variety of crafts, stationary, pumpkins and painted plates (with the help of local artist Kearan Enright).

There will also be an ART EXHIBIT by 3rd graders of East Haddam Elementary School, scarecrow decorating contest, bouncy house and crafts for the kids, handmade artisans, crafts, kettle corn, honey, soaps, photography, Christmas and fall decorations, painted Santa gourds, East Haddam Rotary Club "CHOCOLATE TABLE", raffles, bake sale, maple syrup, handmade sweaters, burlap Santa's, jewelry, Ballek's Garden Center, FOOD and so much more. Spaces are still available for \$25.00 by contacting Marie at CADS.

If you would like to participate you can make a scarecrow (which can have a sign with your Name, Business or Organization) the more the merrier, or bake an item for the BAKE SALE. It will be greatly appreciated.

Proceeds this year as last will go to our clients Christmas gifts and the East Haddam Fuel Bank.

Last year we were able to by nice gifts and donated over \$1500 to the fuel bank.

Stop by and have lunch with us. The entire staff Liz, Marie, Kathy, Barbara, Nancy, Ula and Shauna will be volunteering that day. So, stop by and say hi!

542 Town Street, Moodus CT 06469, (860) 873-3833 or email to chestelmads@aol.com.

Nathan Hale-Ray High School Project Graduation 2015

Fundraising has begun to provide a safe, substance-free, all night party open to ALL graduates following the NHRHS Graduation Ceremony!

NHRHS Project Graduation is sponsored by EH Youth & Family Services. However, all funding is provided though the joint efforts of parents and students. Our appreciation to all who supported our October Events: Project Grad Car Show, Clothing Drive and Bake Sales!

More upcoming Events! For more information find us on Facebook, NHRHS website or the Town Calendar:

- Shopping for Retail Gift Cards? Consider purchasing from Project Grad; we earn a % on every purchase!
- Project Grad Annual Raffle Coming Soon! 10 fabulous prizes valued at \$100+ from our generous donors: Dutch Oil, The Gionta Family, Grandview Cottages, Banner

Gym, Goodspeed Musicals & Gelston House, Little B Barn, Shagbark, EB Exterminating, Gristmill Market and Bob's Furniture.

Thanks also to: Lyman Corn Maze, Silly Feet Inflatables, Traceski Electric, MP Impressions, Balleks, Malloves, DZ Excavating, Susan's Salon, Fireworks Hearth & Home, Epoch Arts, Moodus Liberty Bank, Dr. McLean- EH Vet, Pieper-Olson Vet, The Carriage House, Fluid Film, Eddies Auto, Village Pizza, Nathan Hale Pharmacy, Olsen's Sanitation, Pizzeria DaVinci, Caleb Carney- State Farm, EH Senior Center, Sweet Frog, A Style Above, Party Lite, DSB Yarn, Subway, Michael Lombardi Plumbing, EH Farmer's Market, Guppies to Puppies, Clinton Outlets, Will Corr-Hagerty Insurance, Grossman Chevrolet, Salem Ice Cream, EH Rotary, Cardone & Daughter and NHRHS FBLA.

Eagle Scout Project

While in 1st grade, Cole McCormack joined Cub Scouts here in East Haddam. Over the next ten years one of Cole's yearly community projects had been doing neighborhood food drives. Throughout this time in scouts, he has raised close to a thousand bags of food for the East Haddam Food Bank.



Eagle Scout Project at the

Grange Hall.

Now a senior in High School, Cole is near completion of his Eagle Project. In keeping up with his dedication and ongoing commitment to the Food Bank, Cole's project was to erect a sign in front of the Grange Hall which houses the Food Bank. This project has taken him two years to complete. Cole had to design the sign, obtain approval through the Historical Society and Planning and Zoning while raising the funds for the sign. When those tasks were complete, he then had to coordinate the delivery and installation, while adding landscaping touches. With his project complete, he should be receiving the rank of Eagle very soon.



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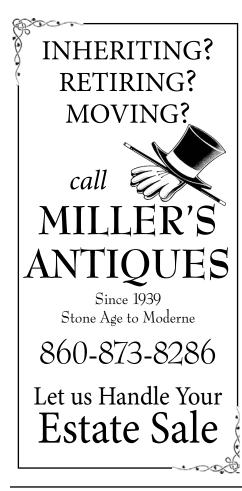


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860.873.8108



Garden Club



At a recent meeting of the East Haddam Garden Club, member Nancy Ballek Mackinnon demonstrated techniques for creating terrariums.

Centerpieces for the East Haddam Food Bank

At a workshop on November 24, EHGC members will be creating Thanksgiving centerpieces for the clients of the East Haddam Food Bank. This is an annual project which the club has undertaken for many years. Members provide all materials – containers, fresh and dried plant materials, and decorations. About 100 centerpieces are created!

A Look Ahead ... Meteorologist Art Horn in March

Learn about the history of New England hurricanes, how they form, and how to prepare! On Wednesday, March 25, 2015 (7:30 p.m., East Haddam Senior Center), the EHGC will host meteorologist Art Horn. His presentation, "A Hurricane is Coming," will be open to the public and free. Art Horn was a TV weatherman for 25 years. He is a meteorologist, Professor of Meteorology, and a climate change expert. He is a popular speaker whose programs are engaging and insightful. **Around Town**

Around Iown

Despite the summer drought, EHGC members diligently maintained the plantings at Goodspeed green and Shagbark triangle. We hope the color and variety was enjoyed by residents and visitors. The summer annuals were replaced by fall decor; watch for the special holiday displays at both locations. The club's plantings at Gillette Castle also thrived under the watchful care of the Castle staff. Designed by member Anita Ballek and planted by members in May, these flower beds are colorful "show stoppers" enjoyed by all Castle visitors, and they provide a beautiful setting for the numerous weddings held there.

About the EHGC

Founded 85 years ago, the East Haddam Garden Club has 45 members; new members are always welcome. Club activities include hands-on civic planting projects, informative programs featuring knowledgeable speakers, visits to notable gardens, etc. For more information call Betty Gross, 860-873-8732.

Holiday Closings

The Town Office Building will be closed on the following holidays:

Veterans Day - Tuesday, November 11

Thanksgiving - Thursday & Friday, November 27 & 28

Christmas - Noon on December 24 through December 25, reopen December 26 **New Year's** - Noon on December 31 through January 1, reopen January 2 **Martin Luther King Day** - Monday, January 19

Regular hours will resume on the next business day.

The Transfer Station will be closed all day on November 28 and January 19 and will close at noon on December 24 and December 31.



East Haddam Board of Education

Mission Statement: The mission of the East Haddam School District is to develop a community of lifelong learners who are prepared to become independent, creative and productive citizens for our diverse and ever-changing global society.

Parents, Students and Community Members -

Welcome to the East Haddam Public Schools section of this edition of the Events Magazine!

In the following pages you will find just a small percentage of the wonderful things happening here at EHPS. When you visit or drive by our schools, you may hear a 'buzz' coming from the schools. The buzz you hear may be any number of things happening in our schools. At the Middle School, you may be hearing the indoor recess room that was generously created by the parents of our students. The room is stocked with educational games and activities that take the 'let down' of the indoor recess announcement away and provides a safe and educational experience for our students. Driving by the High School you may hear the sound of students focusing on the Essential Questions of our evolving curriculum. The term 'Essential Question' was used in the work of Dr. McTighe and Dr. Wiggins' Understanding By Design curriculum development process. Essential questions help teachers focus their students on the higher level overall understanding of the lessons and units. If the buzz is from East Haddam Elementary School, it is most likely the result of students learning about their developmental assets. In August, teachers heard from Jim Conway from the Search Institute about 'Developmental Assets'. These Assets are the Institutes' term for the tools to get through life. Examples of these Assets are skills to work through major disappointments or unexpected changes in life. We know that the world will continue to change and that our students will need to adapt as life changes course and 'Developmental Asset' development is one way to better prepare our students.

Over the summer months, two grants allowed us to implement significant technology and security upgrades at all of our schools. A State of CT technology grant, totaling over \$310,921.00, including matching funds, allowed the IT team to enhance our network infrastructure and improve wireless access at all the schools. And, in addition to the upgrades that the State grant enabled, we also redesigned the High School computer lab and all of the Middle School teachers' desktops were replaced with laptops providing them with much needed mobility as they move from classroom to classroom.

A \$225,056.00 grant from the State also made it possible for us to accomplish a number of security improvements this summer, including the installation of new cameras, card access systems and updated instruction alarms. Additionally, modifications were made to the Middle and High School vestibules to better facilitate visitor check-in and all Board of Education personnel have been issued picture IDs which helps identify school staff and provides them with better access throughout the day.

Looking forward, I would like to engage the community in developing our 2015-16 Board of Education budget. To that end, we will be scheduling an informational forum that will explain the budget process and public meetings where the Board of Education can share its vision and goals for the East Haddam School District and receive feedback. Watch the Board of Education's website for more information on when and where the meetings will be held.

Thanks for your support and best wishes for a happy safe and learning filled holiday season! Superintendent Brian S. Reas

Upcoming Board of Education Meetings

November 11th—7 pm—HS Café December 9th—7pm— HS Café January 13th—7 pm—HS Café

A complete listing of the Board's regular and Subcommittee meetings can be found on our website: <u>http://www.easthaddamschools.org/</u>

East Haddam Elementary School

Dear Families:

Principal Joanne Collins

Assistant Principal Noah Ventola

Telephone: 860-873-5076

COMING EVENTS

November 11 Invite a Veteran to Lunch

Picture Re-Take Day—TBD

November 18 PTO Sponsored Colonial Kids—Grade 1

December 10-12 Parent/Teacher Conferences (Early Dismissal)

December 18 Holiday Performance 10:00 am (last names A-J) 2:00 pm (last names K-Z) (12/19 Snow Date)

January 14 PTO Sponsored Audubon Society Visit Kindergarten



We enjoyed seeing so many children and their families during our Meet and Greet and first day of school! We are extremely grateful to our PTO volunteers, Mr. Mezzi's for his muscical performance at the Meet and Greet and the snacks for our Assistant Principal Ventola's welcome reception. A special thank you to PTO Co-Presidents Mrs. Spurgeon and Mrs. Aillon and the PTO Executive Board. During the first week, our PTO volunteers and parents helped us orient our full-day kindergarten students to the school's arrival, lunchroom, and dismissal procedures. We are grateful for the devoted parents who regularly work alongside our staff to assist the children. This year, Mrs. Little has been with us during each kindergarten lunch and she is also coordinating the assistance of additional parent volunteers.

During our first day assembly, we shared routine expectations relative to our *Responsive Classroom* approach and *3Rs of Respect*: **R**espect Yourself, **R**espect Others, and **R**espect Our School. This gathering also allowed students and their friends and relatives to meet our staff and to see how their siblings and friends adjusted to the newness of school. Students learned the importance of arriving at school on time and remaining in school throughout the entire day. Although some of the youngest students experience challenges with starting school or being ready to walk to their classroom on their own, most of our preschoolers and kindergarteners have acclimated well.

Activities in our Family Resource Center (located in our early childhood wing) have been a great success and lots of fun for babies, toddlers and attending families. Please visit a session and consider joining their activities. I am also pleased to report that the YMCA Kids' Korner after school program for elementary students, 4th and 5th graders is running smoothly and enrollment is increasing.

So much has been accomplished during these first few months of school. In addition to our "typical" daily responsibilities (is there really such a thing?) the school community hosted two Open House evenings, participated in fall picture day, two practice emergency drills and a visit to the Fire Department's smokehouse. Our teachers and administrators meet weekly, before classes start, and attend at least two faculty meetings a month to discuss teaching practices, Common Core State Standards/curriculum connections, and instructional/assessment planning.

On behalf of our staff and students, I wish to express our gratitude for the opportunity to work with our students, their families and this special community. Please communicate with us freely and join us at school events frequently. Best wishes for happiness, good health and great learning this year!

Respectfully, Joanne Collins Principal





Nathan Hale-Ray Middle School

Parents, Students, Community Members, Jason Peacock

Principal

Assistant Principal

Roy Parker

Telephone: 860-873-5081

COMING EVENTS

November 5

Sports Award Ceremony

6:30 pm—MS Gym

November 7 & 8

Variety Show 6:30 pm—MS Gym

> December 4 Chorus Concert

6:30 pm—4th & 5th grades 7:30 pm—6th—8th grades

MS Gym

(Snow Date-Dec. 8)

December 15

Band Concert

7 pm—MS Gym

(Snow Date—Dec. 22)

We had a wonderful start to the school year with an enrollment of 455 students ranging from grades four through eight. Our year started with a "first day celebration" sponsored by

MPAC (Middle school Principal Advisory Council.) It would have been a lot more enjoyable without the 90+ degree temperatures on the first day, but the popsicles that MPAC served have never tasted better! After cleaning and preparing the building this summer, it was great to see the students arrive. It was especially enjoyable to greet the 4th grade students as they came off the bus. They entered with a sense of curiosity, trepidation, and excitement for school that is enjoyable to experience.

If you have any questions or concerns, do not hesitate to contact any staff member or me at 873-5081. You can also email me at jason.peacock@easthaddamschools.org.

Please welcome three new members to our school community: Beverly Ventres, Anubha Shashank, and Bob Holmgren.

As a graduate of Hale-Ray, it is very exciting to have been given the opportunity to teach Visual Arts to the students of Nathan Hale Ray Middle School. I formally had been teaching art at Fields Memorial School in Bozrah, CT for many years and it was a difficult decision for me to leave, as I had come to know the students, families and the staff so well. But I am very pleased with my decision to teach in town, as everyone has been so friendly and welcoming. I knew that NHRMS was a great place to be a student, as my sons have attended there, but now I know that it is also a great place to work. I look forward to sharing my love and knowledge of art to the students of East Haddam and Moodus. Please keep an eye out for our first exhibit, which will be at the East Haddam Public Library in October, featuring sixth grade work! Beverly Ventres



Weicome back ... NHRMS Studentsi

I am Mrs. Anubha Shashank, the 8th grade Math and Alge-

bra 1 teacher. This is my eight year teaching middle school math. I previously taught at middle schools of CREC, ACES, and Windsor Locks Public School District. My administration, colleagues, teachers, and staff at NHRMS are an excellent team of professionals to work with. This is the vibe I got on the day of interview and now it's the truth!



It's a pleasure to have your children as my students. They are very polite, respectable, eager to learn, and ready to put in effort. Meeting you all at the Open House gave me an assurance of having strong support (of parents) in achieving my goal of making each child a lifelong learner. As a teacher, it is my sole responsibility to embrace each child and provide a safe and secure environment where they learn to respect and celebrate the differences, build healthy attitudes, participate positively in the society, and laugh often along the way. I'll encourage them at every step of the way, supply ample opportunities and make learning a life-long passion.

Hello, my name is Bob Holmgren. I am a new hall monitor at Nathan Hale-Ray Middle School. I have lived in East Haddam for 23 years and enjoy the small town atmosphere even though we are a large town in square miles. I am a retired police officer with over 25 years of law enforcement and security experience at the Connecticut State Capitol complex. I look for-



ward to being a role model and having a positive influence on our students and community.



Nathan Hale-Ray High School

NOISES NEWS



Principal Eric Spencer

Assistant Principal Jennifer Sarafin

860-873-5065

School Counselors Lisa Maciorowski Laura Truncali

<u>COMING EVENTS</u>

November 6 National Honor Society Induction Ceremony 6:30 pm—HS Auditorium

November 7 Tri-M Honor Society Induction Ceremony 7 pm—HS Auditorium

November 13 Project Graduation Meeting 6:15 pm—HS Room 149

November 21 & 22 Fall Drama Presentation 7 pm—HS Auditorium

December 2* Financial Aid Night 7 pm—8 pm—HS Auditorium

December 3 Hale-Ray Connections Meeting 7 pm—HS Library

December 9** Hale-Ray Band Winter Concert 7 pm—HS Auditorium

> December 11** Hale-Ray Choir Winter Concert 7 pm—HS Auditorium

December 17 Project Graduation Meeting 6:15 pm—HS Room 149

* Snow Date –December 3 ** Snow Date— December 15

CONGRATULATIONS!

Max Daniels and David Moreau, Nathan Hale-Ray High School seniors, took the 2013 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/ NMSQT[®]) and met requirements to enter the 2015 National Merit® Scholarship Program. With a Selection Index score of 201 or above, these high performers have shown outstanding academic potential. Of some 1.5 million program entrants, each of these students is among the 50,000 highest-scoring participants who are recognized in the fall of their senior year. We are very

pleased to announce that Max



Pictured above are Max Daniels, David Moreau, and Hale-Ray Principal, Eric Spencer

Daniels is a Semifinalist in the 2015 National Merit® Scholarship Program and has an opportunity to continue in the National Merit Scholarship competition.

We are also very pleased to announce that David Moreau has been named as a 2015 National Merit Commended Scholar.

East Haddam Free Public Library Displaying Student Art Work

The East Haddam Free Public Library will be displaying student art work, showcasing the talents of the Middle school in October, the Elementary school in November, and the High School in December 2014. Check out the EHFPL website (<u>http://ehfpl.blogspot.com/</u>) for reception and display information.

Guidance Department News

PSATs: Our 10th and 11th grade students will be taking the PSAT (Preliminary SAT) on Wednesday, October 15, 2014. There is no charge for this exam, thanks to funding from the East Haddam Board of Education.

College-Bound Night: October 21—This program is an excellent opportunity for all students/parents to get a jump start on the college planning process. We believe that offering this program to freshmen, sophomores and juniors, as well as seniors, is a great way to share information and resources to our students at an earlier point in the student's high school career. The better prepared they are, the more successful they will be as they research and set goals for their post-high school plans.

Parks and Recreation

East Haddam Parks and Recreation programs are detailed on the website, www.easthaddamrec.com. Programs are offered for all ages and all community members. If there is a program that you would like to see offered, please call Tiffany Quinn, Recreation Director, at the office at (860) 873-5058.

Youth Basketball

Register online at www.easthaddamrec.com that began October 6.

The season will take place January 5 - March 14, 2015 for grades 3-8. There will be one practice and one game per week. The basketball program for grades K/1st/2nd grade will practice once a week after school. This will be an instructional program with no structured games (although game strategies and fundamentals will be taught in practice). There will be no formal teams in the K/1/2 program. Basketball clinics will be held in November and December and will serve as placement sessions for the basketball teams. Specific information dates and times were available on October 6 when registration began for the clinics and the season. The 3/4 grade teams will be co-ed, but we will offer an optional, 1x per week girls practice. The 5-8 grade teams will be divided into a girls and a boys league, as long as registration numbers permit. These teams will play some out of town teams, and a few away games will be scheduled - but the same Parks and Recreation guidelines and rules will be followed. This is not a travel league. This is only to accommodate our registration numbers, and those in other towns, so that we are not playing the same teams on a regular basis. It also brings a different dynamic to the competition when you are competing against players from another town rather than your friends and neighbors. Several area towns and recreation departments are now following suit, and have found that this benefits their program and the development of their basketball skills.

Indoor Sports Fun

Indoor Sports Fun is a winter activity where preschoolers can use the gym to run and explore all kinds of gym activities at their own pace. Caregivers can play and have fun with their children in the gym, while meeting other caregivers and children can play with each other and meet new friends. Gym equipment will be provided, including toddler sized basketball hoops, golf clubs (plastic), bowling, mats, parachutes, t-balls, indoor soccer balls, and Nerf balls. Children and parents should wear sneakers. Indoor Sports Fun will be held:

• January 10 - February 14 and February 28 - April 4, 2015

- 9 10 a.m.
- \$30 per family
- Preschoolers ages 2 and older. Caregivers must attend and supervise children at all times.

Classes that are held Year Round

Just Show Up Fitness Class - Because Just Showing Up is the hardest part! This class uses short distance running, body weight exercises and free weight workouts. JSU frequently gathers outdoors and during bad weather moves inside. Our fun group dynamic will help motivate and improve your cardio, core strength, agility and balance. Participants have used our class for weight loss, fitness, and race training.

- Date Information: November 11 December 23 (6 week session)
- Tuesday/Thursday at 6:00 p.m. and Saturday at 8:30 a.m.
- Cost: \$108-3 classes per week; \$72-2 classes per week; \$36-1 class per week; \$10 drop in fee
- Age Requirements: Ages 16 and older
- Location: Nathan Hale-Ray Middle School, 73 Clark Gates Road, Moodus, CT 06469

Gentle Yoga - This class will provide a gentle approach to yoga. This class is appropriate for all levels of fitness or yoga experience. Classes are taught by Yoga Alliance Registered instructor, Anne Beauregard. Please wear loose, comfortable clothing and bring a yoga mat or towel, and a water bottle. A minimum of 5 participants are required to offer the classes.

- Date Information: November 4 December 13
- 6:30 7:30 p.m.
- Cost: \$90 per person (10 week session); \$15 discount if you register for BOTH Sunday and Wednesday!
- Age Requirements: Ages 16 and older
- Location: East Haddam Senior Center, Great Hillwood Road, Moodus, CT 06469



Sand For Winter Ice

Residents of East Haddam are reminded that they may take only a small amount of sand from one of the municipal sand piles for their personal use in sanding steps, walkways, or ice patches in driveways. Piles are located at the corner of Haywardville and Early Roads, and at the Town Garage, off Mt. Parnassus Road near Shagbark. For safety reasons, residents should not obtain sand during storm conditions

It's Back (Snow, That Is)

We hear frequent complaints about the dangerous road conditions that result when people push driveway snow out into our public roads. We actually have an ordinance prohibiting this practice, which states, "No person shall plow, throw, put or cause to be thrown or put any snow or ice from any private property or from any area in the rear of said private property or in area between a private dwelling house or structure and the legally laid out sidewalk into any public highway in the town of East Haddam."

As a reminder to residents the town also has an ordinance regarding the clearing of sidewalks adjoining or fronting a resident or business property. The ordinance states, "Whenever the sidewalk, or any part thereof, adjoining or fronting any building lot of land or any street, square or public place in the Town of East Haddam, shall have upon it an accumulation of snow, sleet or ice, it shall be the duty of the owner, when operators are loading trucks and entering and leaving the site.

It is understood that sand is provided for private, personal use and is not to be used commercially or for profit, or for any application other than as a safety precaution. Residents needing more than a few buckets of sand per winter should purchase their own supply.

occupant or any person having the case of such building or lot, to cause such sidewalks to be made safe and convenient by removing the snow, sleet or ice therefrom, or by covering the same with sand or some other suitable substance, and in case such owner, occupant or other person having the care of such building or lot shall neglect to do so for the space of eight (8) hours during the daytime, the person whose legal duty it shall be to clear the sidewalk, and so neglecting, shall be fined not more than twenty five (\$25.00) dollars for each occurrence, and every hour of neglect to make the sidewalks safe in accordance with the provisions of this section, after notice from the First Selectman or his designee, shall constitute a separate offense."

Please keep this in mind this winter. Your neighbors will appreciate it.

Rotary Club

Thanksgiving Fund

The Rotary Club of East Haddam will once again partner with Liberty Bank to provide Thanksgiving dinners for local families.

In the spirit of community support, town residents are urged to make financial donations at Liberty Bank. Your donations will be matched, in part, by Liberty Bank, and the proceeds will be used by the Rotary Club and the local Food Banks to purchase and distribute food at Thanksgiving for those in need. Please make your donation at the Moodus branch of Liberty Bank, or, if you are at an out of town branch of Liberty Bank when making a donation, please specify that it is for the East Haddam Rotary Thanksgiving Fund. Donations in any amount are greatly appreciated.

For more information, please call Nancy Smith at Liberty Bank 860-873-2266 or John Quinn, of the East Haddam Rotary Club at 860-873-2228.



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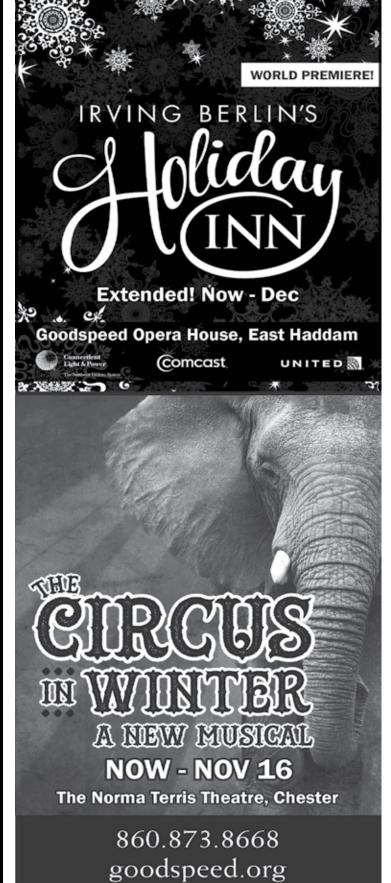
Town of East Haddam

7 Main Street ~ P.O. Box K East Haddam, CT 06423

Administrative Office Building

Main Number: 860-873-5020 Fax: (1st floor) 860-873-5042, (2nd floor) 860-873-5025 **Hours:** Monday, Wednesday, Thursday 9:00 a.m. to 4:00 p.m., Tuesday 9:00 a.m. to 7:00 p.m., Friday 9:00 a.m. to Noon

On the state of th		
Selectman's Office Mark B. Walter, First Selectman	860-873-5021	admin@easthaddam.org
Linda Zemienieski. Executive Assistant	000-075-5021	admin@easthaddam.org
Assessor's Office		
Loreta Zdanys, Assessor	860-873-5026	assessor@easthaddam.org
Patty Veselak, Administrative Assistant		
Building Department		
Keith Darin, Building Official	860-873-5024	building.dept@easthaddam.org
Kamey Cavanaugh, Administrative Assistant		
Chatham Health District	000 070 5101	lin davide en Øskatherskerdthere
Liz Davidson, Sanitarian	860-873-5101	liz.davidson@chathamhealth.org
Finance Department		
Cynthia Varricchio, Finance Director	860-873-5022	financeadmin@easthaddam.org
Dawn Snow, Finance Assistant	860-873-5040	finance@easthaddam.org
Kathy Klinck, Treasurer	860-891-8502	
Land Use Offices		
Jim Ventres, Administrator	860-873-5031	admin.landuse@easthaddam.org
Zoning Enforcement Officer		zeo.landuse@easthaddam.org
Nancy Talbot, Administrative Assistant		landuse@easthaddam.org
Tax Collector's Office		
Denise Dill, Tax Collector	860-873-5033	taxcollector@easthaddam.org
Town Clerk's Office		
Deb Denette, Town Clerk	860-873-5027	townclerk@easthaddamorg
Beverly Christopher, Assistant Town Clerk		
Public Works Department f	000 070 0014	
I UDIIG WOIKS DEPARTITEIT	ax: 860-873-6014	
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Parent Groups

Working together more than ever before!!

Hale-Ray Connections - High School Parents Group

"Connecting parents, staff and students for academic success."

Our Connections group strives to encourage and compliment communications throughout our High School Community. Our regular meetings provide an opportunity for parents to discuss school related topics and to share experiences.

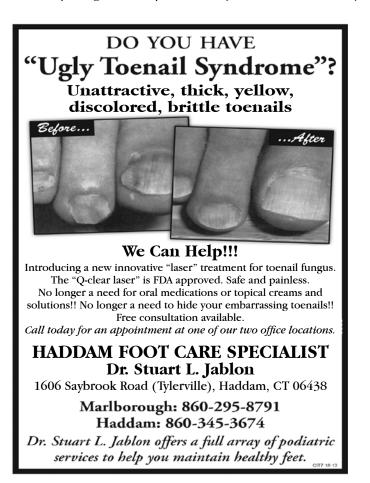
The 2014-15 school year is off to a busy start for HR Connections. In August, we enjoyed greeting freshman families with light refreshments and sharing our group information at Freshman Orientation. Our first meeting on Tuesday, September 23 was well attended. We enjoyed a Security Update from Craig Mansfield, a District Update from our new Superintendent Brian Reas, as well as High School news from our Principal Eric Spencer. We hosted a High School Book Fair and a Teacher Appreciation Breakfast on October 7 & 8.

Our upcoming 2014 meeting is:

Wednesday, December 3 at 7:00 p.m.: Developmental Assets and School Climate

In the New Year, we will continue to work closely with East Haddam Youth & Family Services and the Local Prevention Council as they continue their work on strengthening Developmental Assets. We can all help strengthen our youth with small, positive things we do every day!

We hope High School parents will join us for our monthly



meetings in the HS Library. For more information about Connections please contact Lenore McLean at Imclean70@sbc-global.net

MPAC - The Nathan Hale Ray Middle School Parents Group

MPAC is looking forward to Fall fun in the school. Walk-a-thon took place on October 31 with each grade showing their school spirit. Walk-a-thon is the schools' biggest fund raiser. The Variety show takes place on November 8 and November 9. It is always a great event that celebrates the talents of our students. A great big thanks to Lara Sullivan for all her hard work!!

MPAC is happy to support our school and students. Open basketball takes place on Thursday from 6:30 p.m. to 8:30 p.m. in the gym. We now have an arts and crafts club. Our run club for 4th and 5th grades had over 30 students join. Thank you Monica and John Kananowicz. Our book fair was a great success and we were able to donate \$7,000.00 worth of books to NHRMS. A great big thanks to Kim Caminati and her hardworking committee.

Our meetings take place the first Monday of each month at 7:00 p.m. in the library. We provide child care and light refreshments. MPAC encourages everyone to attend. Please feel free to contact MPAC through the school or join us on Facebook. You can reach MPAC at katoabby13@gmail.com also. Thank you to everyone on MPAC, they give so much to make this school a great place for our students. Please have a safe and warm New England winter.

Trish Tarnowski President of MPAC

East Haddam Elementary School PTO

The East Haddam Elementary School (EHES) PTO is off to a good start! Prior to the start of school, we hosted musical guest, Gary Mezzi, to entertain families at the elementary school's annual Meet & Greet event. During the first week of school, over 20 volunteers assisted our new kindergartners during bus arrival and dismissal, as well as lunch. Our Fall Book Fair was held the week of September 30. This fall's theme was "Sir Readalot's Castle: Enter the Kingdom of Books!" The gym was beautifully decorated by our parent volunteers with castles and knights. Special thanks to committee members Kathy Gregory, Dana Beisel, Heather LaMarr and Miranda Martel! On October 2, the EHES PTO officially welcomed our new kindergarten class with EHES t-shirts. During this ceremony, students from the third grade class shared their EHES experiences as they handed a t-shirt to a kindergartner.

Our first fundraiser of the year, Mixed Bag Designs, was held from October 15 - October 29. Mixed Bag Designs offers a variety of high quality and durable reusable bags. Proceeds fund our annual fall/spring staff disbursements. Lastly, our annual Holiday Fair will be held December 1 - 4. This fair is completely created and run by our very own volunteers. It offers students the opportunity to shop for friends and family during the holidays for items less than \$5.00. This experience is not only a lesson in kindness, but incorporates planning, math and money management.

For any information regarding the EHES PTO, please feel free to contact Tammy Spurgeon, President at tammy.spurgeon@ymail. com.

Public Library System

Hello Friends & Neighbors,

I receive many questions about our Library System, some more frequently than others. It's wonderful that so many folks have taken an interest in the happenings of the libraries, and I'm sure that there are those of you who are curious but don't have time to ask me directly. So without further ado, here are some.

Frequently Asked Questions about the East Haddam Public Library System:

What's the difference between the libraries?

Our town is lucky to have two libraries, each with its own distinct history and character. Historically, the library you visited was the one closest to where you lived or worked. However, times have changed. While some patrons prefer one branch over the other, many folks visit both because they each have something to offer. Over the years, each library has developed specialties that make it unique and there are definitely advantages for patrons who visit both. For example, take a look at the strong points of each library's collection:

EHFPL Specialties: Movies, TV Shows, Blu-ray, Teen Fiction, Classic Literature, Graphic Novels/Manga, Anime, Books on CD, Magazines, Video Games, and Large Print

Rathbun Specialties: Adult Fiction, Adult Mysteries, Romance Novels, Biographies, Historical Collection, Foreign Films, Independent Films, BBC Productions, Music CDs, Art Books, and Digital Materials (Including Books, Audio Books, and Magazines)

Please keep in mind that both libraries offer a little bit of everything, including excellent children's collections. The specialties listed above are based off of statistics, and are not a list of what section is "better." Even if one library has a smaller section than its counterpart, it still has a vastly different set of materials within that section. Your own personal taste is the only measurement for what section you prefer.

What's new at the libraries?

Although the libraries have been part of the East Haddam Public Library System for over a year, they have remained on separate networks. The result has been two libraries with a common goal and purpose, but without the tools to truly work together as a single system. This will all change in early 2015, when EHFPL joins the Rathbun Library on LION. LION is a consortium of 27 libraries across Connecticut that have a common computer system that allows patrons to easily borrow materials from any member library. This means that for the first time, you'll be able to view EHFPL and Rathbun's materials within the same catalog. You'll also be able to reserve and renew all your library materials online with the click of a button. Folks who use both libraries will see benefit from a more streamlined experience, while those who prefer one branch will be able to access the other branch's materials for the first time.

What programs are available at the libraries?

In addition to loaning out the latest books & DVDs, the

libraries also host programs for all ages. Below is a list of the regular programs available at the libraries.

Baby Time: Every Wednesday at 10:30, at the Rathbun Storytime:

Every Tuesday & Wednesday at EHFPL, 10:30

Every Monday & Thursday at Rathbun, 10:30

American Girl Club: 1st Wednesday of the month at 3:30 at the Rathbun

Science Club: 2nd Wednesday of the month at 3:30 at the Rathbun

Jr. Readers Book Club: 3rd Wednesday of the month at 3:30 at Rathbun

Video Games for Kids: 4th Wednesday of the month at 4:30 at EHFPL

Awesome Hour (Teen Night): 1st Monday of the month at 6:00 at EHFPL

Teen Write Club: 2nd Friday of the month at 6:00 at EHFPL Anime Club: 3rd Thursday of the month at 6:00 at EHFPL

Teen Video Games: 4th Wednesday of the month at 6:00 at EHFPL

(Adult) Origami Club: 1st Thursday of every month at 6:30 at EHFPL

(Adult) Book Club: 2nd Wednesday of the month at 7:00 at $\operatorname{\mathsf{EHFPL}}$

(Adult) Knitting Club: Every Wednesday at 3:00 at Rathbun (Adult) Quilting Club: Every Tuesday at 6:30 at EHFPL

The library is also hosting a monthly book club at Two Wrasslin' Cats, please ask a librarian (or a barista) for details. In addition to all these wonderful events there are also holiday parties, teen lock-ins, guest speakers, and technology work-shops. Visit the library blogs for details.

Why should I visit the library?

How much do you spend renting or buying books & movies that you only get one use out of? Save your money! The libraries have brand new books, films, TV Series, and more, all available to checkout for free. Most items are available the same week they're released. The wait lists are quick, and sometimes non-existent. The libraries also have free computer access and free WiFi, which are great for job-searching, facebooking, or even gaming. There's also printing, photocopies, and faxing. Best of all, the libraries are a great place to meet with friends & neighbors.

The best way to experience the libraries is to visit, and judge for yourself. If you haven't been in for a while, I think you'll be presently surprised. If you're one of our more regular patrons – thank you so much for your support. Keep giving the staff your requests, our job is to get you the materials, programs and services that you want. There's something for everyone at your local library. For more details please, call the libraries – EHFPL: 873-8248 | Rathbun: 873-8210, Google us online, or stop by and visit.

> Michael Gilroy Your Friendly Neighborhood Library Director

Historical Society

The Best of "Plays and Poetry". A Juicy Verbal Cabaret

Plays and Poetry is coming for a return visit to the East Haddam Historical Society!

The East Haddam Stage Company presents *The Best of Plays and Poetry*, a delightful variety of 10-minute plays along with poetry by Connecticut poets, performed by a company of actors, in their latest edition of the popular biannual production. Last seen at the Historical Society in November of 2012, EHSCO is bringing back fan favorites from the previous 6 editions to tickle your funny bone and touch the heart. There is something for everyone!

Directed by Kandie Carle. DATES and TIMES: November 6 - 9 and 13 - 16

Thursday & Sunday at 7:30 p.m., Friday & Saturday at 8:00 p.m.

Saturday & Sunday matinees at 2:00 p.m. at the East Haddam Historical Society, 264 Town Street, East Haddam CT

TICKETS: \$20 general seating, \$15 for students 16+ and Seniors 65+.

Limited seating to choose from, you can secure your seat by paying in advance (or you can take your chances at the door). Call to reserve your seat! 860-873-3521

More info: www.EHSCO.org or www.easthaddamhistory.org. and follow us on Facebook and Twitter.

A portion of the proceeds benefits the East Haddam Historical Society.

Youth & Family Services



For additional information visit our website at www.ehyfs.org

"Mean It, East Haddam"

Youth Helping Youth, a high school leadership group, has recently launched the "Mean It, East Haddam" campaign in partnership with the East Haddam Local

Prevention Council. This campaign is intended to serve as a reminder that our youth are paying attention to the words and actions of everyone with whom they come in contact. Parents, teachers, coaches, peers and other community members all have an influence on what our youth learn and how they behave. We are all role models, whether we intend it or not, and sometimes we underestimate the impact that we have on others. Becoming more mindful of this and more intentional in our work allows us to have a more positive impact. This campaign asks each of us to be aware of our words and actions not only in the way we relate to our youth, but in the way we relate to each other as well.

"Mean It, East Haddam" asks us to recognize that:

- what we say as individuals and as a community is more meaningful if it aligns with what we do;
- we need to be mindful of the role each of us has in creating a community where everyone feels connected and valued;
- being a positive role model needs to be intentional;
- youth and adults share responsibility for bringing the community together to address these issues.

For additional information, or to get involved with this campaign, please contact YHY at youthhelpingyouth@hotmail.com. Holiday Campaign

Christmas is just around the corner and once again East Haddam Youth & Family Services is in need of donations for our annual Holiday Campaign. Anyone interested in "adopting" a family for the holidays should contact the office at 860-873-3296. Donations can be delivered during regular business hours now through December 17.

As always, our greatest challenge is providing gifts for youth ages 12-18. Any gifts for these older children, including gift cards, toiletries, nail polish, jewelry, watches, wallets, sweatshirts, pajamas, hats/gloves/scarves, board games, sporting equipment or books are greatly appreciated.

Families that require assistance providing gifts for their children are encouraged to contact EHYFS. To register for this program, parents/guardians must live in East Haddam. Please contact Kaitlin Hagan



with any questions, or to receive an application. A completed application and proof of residency must be received by EHYFS no later than December 16.

Year in Review

EHYFS provides a full range of services, including prevention, counseling, juvenile justice diversion, social services, community education, positive youth development and advocacy. We are supported by municipal funds, state and regional grants, private donations and grants from the Department of Education and the Middlesex United Way. The agency supports two full-time and two part-time positions, one of which is dedicated to the Federal Drug Free Communities grant which funds the work of the Local Prevention Council. Drug and alcohol counseling is provided through a contractual arrangement with the Rushford Center. EHYFS provides services at no cost so that no one is refused services.

FY 2013-14 has been a busy year for EHYFS. Our services have included counseling, Family Nights, homework assistance programs, positive youth development groups, and educational programs. Our Juvenile Review Board has diverted 10 youth from the Juvenile Justice system. A Teen Coffee House was established this year in partnership with Two Wrasslin' Cats. It is funded by donations from the Lions and Community Lions Clubs.

This year's Christmas campaign included 85 children, and 20 East Haddam residents received assistance with fuel, housing and other issues throughout the year.

EHYFS guides and oversees the work of the LPC to address substance use among our youth. We work closely with state and local police, regional, state and federal agencies, local community groups and organizations, schools, parents and youth to broaden and sustain our efforts.

As always, we appreciate your support.

Trading Card Club

Trading Card Club was established last year at Nathan Hale-Ray Middle School. It is run by Ms. Lori Moreno on the advice of her daughter, Jennifer. TCC is for 6-8th grade students who share a love for Pokemon and Magic the Gathering. Kids can trade cards, play games, share ideas and most of all have fun! It is a positive place for social interaction where children can share their common interest. The TCC has approximately 25 members with more joining for the 2015 school year. Donations in the form of used and or new trading cards for Pokemon and Magic The Gathering are gladly accepted.

For more information please contact lori.moreno@easthaddam-schools.org.



Nathan Hale-Ray Middle School YES Club



YES Club is a relatively new club at the middle school. YES stands for Young Educators Society and the club is part of a statewide organization that is organized through our local Regional Educational Service Center (RESC) LEARN. The club is open to students in grades 6-8 and continues when students reach the

high school. Students participate in a variety of interdisciplinary activities with students from other schools including team building, multi-cultural activities and college planning. Within our school the emphasis is on students teaching each other new skills, practicing their oral presentation skills, building confidence and working with younger students as mentors. Our group has decided to focus on several community service projects this year. Our emphasis will be on "education related" causes including building book boxes for needy students in other communities as well as seniors. We are considering a school supply drive towards the end of the year for students in under privileged communities that need supplies to start the school year off in a positive way.



The Type of Massage and the Feel Good Factor

How many times in your life have you tried to push yourself through exercise or a cardio program and you felt stuck. It was probably a soft tissue reason for the lack of progress, and a potential one is that you haven't been using your muscle efficiently. No matter where you are at this point with your physical movement program, just don't give up on your progress. Massage is one of life's elements which can help you with your growth. Myofascial release or sports massage is not just about the feel good today factor; it also addresses how to best maintain optimal performance and prevent injury. A good sports massage therapist knows how to use a multitude of techniques that help muscles perform optimally so they are ready for the demands of sports and movement. When you feel stuck in your progress or feel pain in your movement, you might develop some muscle imbalance. We will look at this and determine whether you are creating a high demand for some muscles and not enough for others. This type of massage will also increase your awareness through touch. It will show you where your areas of soreness, tension and weakness are. As a result, it will help you understand how your muscles are behaving and therefore how you might need to adjust your training. For instance, if the muscles such as hamstrings have been overdeveloped and are very short and tight, it might lead to a decrease in the range of motion available to the hip and low back. This will have a knock-on effect on the other muscles, inhibiting the other structures and decreasing their ability to assist and support the

movement. This will lead to less available power in the walk or run stride because the full potential of the muscle structure is not being used. Massage will help to keep the fibers lengthened and encourage strong mobile tension in the tissue, developing a more balanced and functional movement.

By keeping the tissue more mobile and not allowing them to stiffen up, massage also encourages the exchange of nutrients and waste products, thereby keeping the tissue healthy. Including sports massage in your regular health program can improve your performance and keep you injury free. I would recommend that you use massage along with your cardiovascular, strength and flexibility training,

You will experience the benefits of sports/myofascial massage by having greater flexibility and range of motion, increased usage of available muscle, improved performance, improved self-awareness, functional muscle balance, improved fluid movement, pain reduction, great energy, improved recovery, injury prevention.

Sports massage/myofascial release is about treating and meeting the needs of people regardless of whether they are athletes. Anyone who has a soft tissue condition or wants to improve general well-being or health can benefit from that type of massage. Our work is about meeting the needs of our clients, so the feel good factor can last longer than a day or two.

> Maryla Radziszewski, Health Coach, LMT, CPT Morefit, LLC



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STAND TOGETHER FOR CHANGE. TAKE THE PLEDGE.





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Master Gardener's Corner



Berryhill Farm Stand

East Haddam is rich in agricultural heritage. One of the most scenic sites in East Haddam is located on Colchester Turnpike across from East Haddam Town Beach. As you travel across the causeway your eyes are captured by the majestic view of rolling hills overlooking Moodus Reservoir. If that is not enough to feast your eyes on, take a panoramic view of the land and you will see the true definition of agriculture at work. The modest sign indicating Berryhill Farm Stand will direct you to tables of fresh vegetables appetizingly displaying a colorful array of healthy edibles. "We have over 25 varieties of vegetables all grown on our farm, not including 22 different tomato types," asserts Roxanne Berryhill, owner and operator of the Farm Stand. She and her husband Andy, grow all their fresh offerings in the prime soil on what has been known for generations as the Cone Farm.

Roxanne, daughter of Bob Cone, grew up in East Haddam with her four brothers and sisters. She married Andy Berryhill and spent most of their married life living in other locations as Andy is a Pastor. Three years ago Roxanne and Andy had the opportunity to return to East Haddam and carry on the family tradition of agriculture and farming. "We started with one small area and now we farm four acres; each year, we grow a little more," Roxanne expounds.

I was inspired to learn more about the Cone Farm history. Mr. Bob Cone shared that his great, great grandfather, Caleb Beebe, joined several men and sailed the ocean to California in 1849. With visions of capitalizing on the Gold Rush, the men returned home to East Haddam as successful entrepreneurs who built their income by operating a supply delivery service for gold miners. With his earnings, Caleb bought a farm for each of his seven children. One son, Rob Beebe, wasted no time building and expanding his new 115+ acre farm which later was passed to his daughter Florence Beebe Cone. Bob continued to explain that his grandmother, Florence Cone remodeled the house in the early 1940s. Florence's son Sherwood, married Elsie, and as the years progressed, the farm was passed to Bob, son of Sherwood and Elsie Cone. As I listened to Bob Cone relay the generations of farming activities, while sharing details of his ancestors' lives, I was fascinated thinking, "this is real agriculture, these are people who give the word 'agriculture' true definition!" The Cone Farm remained in farming for generations; the family protected their land and has every intention of carrying on the tradition of farming for years to come.

In the early days, Bob Cone grew potatoes and sold them to Hale Ray High School. That's when you had to peel potatoes," says Bob jokingly. Bob and his Dad, Sherwood, had 75 dairy cattle which Bob eventually managed on his own with his late wife Lee Cone. Through the years the Cone Farm also raised beef cattle; cropped up to 75 acres of hay land; and grew 40 acres of corn as part of their agriculture mission. You can find Bob any given day, still haying, caring for beef cattle, and chopping corn silage in the Fall.

Roxanne and Andy are very excited about the future of Berryhill Farm (AKA Cone Farm). "We have so many ideas and would love to incorporate activities that the community could enjoy." Roxanne envisions seasonal hay and sleigh rides, an artist loft, picnic areas nestled in alcoves, horseback riding and activities for youth to experience farming. "We'd like to offer something for everyone, there is so much we can share and we feel God has blessed us with this beautiful property," Roxanne continues, "Someday I can see us hosting weddings as the landscape and environment provides peace and tranquility; I would love people to feel they can visit and enjoy all facets of our land." Roxanne has a big 'to do' list and building a much needed barn is top on the list.

As a visitor, I readily admit, a stopover to Berryhill Farm provides a step back in time and glimpse of nostalgia. Mark your calendars and be sure to make a note to visit Roxanne and Andy's Farm Stand at Berryhill Farm. Next Spring you will find them busy in the fields planting 'your' vegetables and preparing the gardens for you to enjoy. Plan on staying awhile because you won't want to leave.

> Linda Stuhlman, ADV. Master Gardener; Certified Tree Warden



Bob Cone and his daughter Roxanne Berryhill



Roxanne and Andy Berryhill

Visit With Santa

The East Haddam Volunteer Fire Department will hold the annual children's Christmas party on Sunday, December 14 from 12:30 to 2 p.m. It will be held at the Company #1 Firehouse, 440 Town Street. The event is open to all East Haddam residents age infant up to and including age 8. Santa will have presents for the children and refreshments will also be served.

Land Trust

Your Private Land Conservation Organization

Did you know that preserved land increases the value of adjacent homes and property and reduces the overall need for municipal services? East Haddam Land Trust understands these benefits of land preservation.

Did you know that preserved land provides healthy educational and recreational opportunities for residents and entices recreational tourism that supports the local economy? East Haddam Land Trust understands these benefits and maintains public-use hiking/walking trails, sponsors monthly hikes and paddles, and fosters environmental awareness with local students and organizations.

For 35 years, East Haddam Land Trust (EHLT) has worked to make East Haddam a better place to live and raise a family. EHLT is the private, tax-exempt land conservation group - operated solely by volunteers - preserving historic and environmentally important areas of East Haddam. With the help of cooperating landowners, EHLT preserved historic areas along the Moodus River, plus critical watershed land along the





EHLT's Full Moon Paddle on Upper Moodus Reservoir.



Along the Moodus River in EHLT's Hidden Valley Farm Preserve.

Eightmile and Salmon Rivers and several other streams and water bodies. In addition, EHLT's collaboration with local, state and national groups helped preserve land adjacent to and the waters of Chapman Pond and Salmon Cove.

To continue these efforts EHLT is in the midst of a Capital Campaign. Current pledges totaling \$138,800 place EHLT just over half way towards its goal of raising \$250,000 by 2015. To reach \$250,000 EHLT NEEDS YOU.

EHLT welcomes donations of any size - in dollars, land, or goods and services. However, dollars are particularly valuable to position EHLT's action when vital lands become available for purchase, and improve EHLT's ability to tap into state and national funding programs.

All donations are tax deductible, whether made online at www.ehlt.org or by mail to East Haddam Land Trust, PO Box 122, East Haddam, CT 06423.

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